

ATV Safety



only can it cause head and neck trauma, but it can also cause suffocation.

In Alberta, an average of 14 people are killed each year while riding ATVs. Rollovers are the main concern, as adult-sized ATVs weigh between 400 to 800 pounds. Not

Be Safe

Wear a Helmet

You only have one head on your shoulders, protect it! Wear a proper-fitting, safety-approved helmet. Helmets are mandatory in Alberta.

Wear Proper Clothing

Wear suitable clothing, including boots, gloves, long pants, a long sleeve shirt, and a face shield or riding goggles to protect you from branches, rocks, or even insects when driving.

Be Prepared

ATVs require registration and insurance if driven on public land. Take a cellphone or working two-way radio with you, as well as a first-aid kit. Let people know where you're going and when you're expected to be back.

Service Your Snowmobile

Keep your ATV in good repair. Double-check to make sure it has a working headlight, taillight, breaks and muffler to minimize breakdowns, which can leave you stranded.

Drive Smart

Be Aware of Surroundings

Be aware of hazards around you and ride during daylight hours. Follow posted signs, stay on the trails, and be aware of the weather and trail conditions. When conditions are dry, use extreme caution and ensure your ATV is equipped with a spark arrestor.



Drive Appropriately

Don't be a passenger or carry a passenger on a single person ATV. Operate at safe and reasonable speeds, driving within your capability. Ensure your child/youth only rides an ATV appropriate for their age, weight and maturity.

Get Proper Training

Learn or refresh your ability to control and operate an ATV by taking an ATV operator course.

“Never drive under the influence of alcohol and/or drugs; they impair your abilities and your judgment”